



# BAQAI MEDICAL UNIVERSITY

## Insights

By BMU Communications

### BMU & Muhammadi Blood Bank Launch Thalassemia Care Initiative



Baqai Medical University, in collaboration with the Muhammadi Blood Bank & Thalassemia Centre, launched a joint initiative on May 7, 2025, under the visionary leadership of Chancellor Dr. Shoaib Baqai, Vice Chancellor Dr. Iftikhar Ahmed, and Mr. Ghulam Abbas Badami, Patron-in-Chief of the Muhammadi Welfare Foundation. The

initiative ensures a safe, regular blood supply and specialized care for thalassemia and other blood disorder patients. It also supports early detection and genetic counseling, raises public awareness, and provides hands-on training for BMU students in transfusion medicine-strengthening both community outreach and medical education.



### BIPTRM Welcomes 20<sup>th</sup> Batch

The Baqai Institute of Physical Therapy and Rehabilitation Medicine (BIPTRM) welcomed the 20th Batch of students on 28 February 2025, at Baqai Medical University with an introductory ceremony. The program commenced with the recitation from the Holy Quran and was followed by a welcome speech by Dr. Mahnoor Bugti, Deputy Director, BIPTRM. Dr. Bugti highlighted the fact that Baqai University is fully committed to providing education of the highest quality and stated that the library houses about 20,000 volumes of sources for students.

The Vice Chancellor, Prof. Dr. Iftikhar Ahmed, emphasized that alongside education the university sets extremely high standards for discipline and expects students to remain free of political and social vices. Prof. Iftikhar Ahmed reiterated encouragement for students and their families to talk to him or their advisors at any time - and to take advantage of the free consultation services that are available.

Diverse faculty members were present to inspire and motivate students to begin their academic journey.



## Faculty Upskilling in Focus: CHPE-15 Completion and New Admissions

Karachi, April 11, 2025 - Baqai Medical University hosted the Certificate Distribution Ceremony for the 15th batch of the Certificate in Health Professionals Education (CHPE), a six-month blended learning program designed to enhance faculty competencies in line with international standards. The event, held under the leadership of Course Director Dr. Shams Nadeem Alam, marked the successful completion of the program by healthcare professionals from various institutions. The CHPE initiative aims to improve instructional design, assessment strategies, and overall teaching effectiveness in medical education. Participants were awarded certificates in recognition of their academic achievement and commitment to advancing educational practices within the health professions. Admissions for CHPE Batch 16 opened in the first quarter of 2025, with the new session commencing in April 2025. The ongoing success of this program reflects BMU's strategic focus on capacity building and faculty excellence across the medical education sector.



## Workshop on Enhancing Research Productivity with Ai

On May 20, 2025, the Medical Education Department of Baqai Medical University, in collaboration with the Society of Surgeons of Pakistan, organized a workshop titled "Enhancing Research Productivity with AI," facilitated by Dr. Shams Nadeem Alam. The session introduced faculty and researchers to the evolving role of Artificial Intelligence in advancing academic productivity - from literature review and data analysis to manuscript writing. This initiative reflects BMU's commitment to innovation and research excellence in a globally competitive academic environment.







medical professionals, the seminar offered practical insights into career prospects in the United Kingdom. Key topics included professional CV writing, an overview of the UKMLA exam, and the necessary licensing procedures. Guest speakers included Dr. Saleem Khan (MBBS, DOWH, FRCOG), Senior Consultant Gynecologist and Obstetrician, NHS, UK, and Dr. Sana Siddiqui, Research Associate at DUHS and Director of ArLington Consultancy. Both speakers shared their expert guidance and real-world experiences with the participants. The Communications and Alumni team, including Press & Publications Lead Asher Wahab Akhtar, facilitated the seminar. During the Q&A session, students raised pertinent questions and received clear, actionable responses from the guest speakers. Many attendees shared that the session clarified several misconceptions about pursuing a medical career abroad and had opened new avenues for their future.

## Career Pathways to the UK After MBBS

### A Dedicated Seminar for BMU Graduates

A specialized seminar titled Career Pathway to the UK After MBBS was organized at Baqai Medical University on April 12, 2025, for MBBS final-year students and house officers. The event was jointly hosted by the Department of Communications & Alumni Services in collaboration with Med Prep and Alumni Services (BMU). Designed to guide future

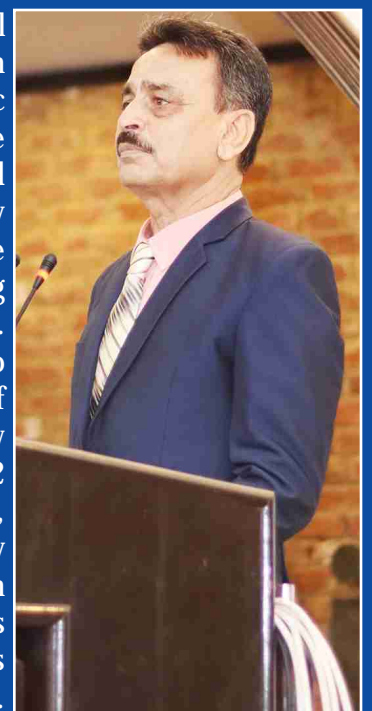


## BMU Observes World Immunization Week 2025 with EPI Awareness Seminar

On April 28, 2025, the Department of Pediatrics, Fatima Hospital, Baqai Medical University, in collaboration with the Government of Sindh and the Expanded Program on Immunization (EPI), held a seminar to highlight the critical role of vaccines in public health. The session aimed to raise awareness among students, faculty, and healthcare professionals about the life-saving impact of timely immunization in reducing childhood diseases. Dr. Arshad Hamid Khan, Head of Pediatrics, opened the session, followed by a detailed keynote by Dr. Khalid Memon, Consultant EPI, Aga Khan University. He emphasized the current status of polio in Pakistan and the importance of maintaining



high vaccination coverage. Participants also gained insight into the history, scope, and benefits of the EPI program, which now includes protection against 12 major diseases. Faculty members, house officers, and students actively participated in the session, which concluded with a note of thanks from Prof. Dr. Bushra and was moderated by Dr. Sidra Saleem.





## A New Chapter Begins: Baqai Welcomes 38<sup>th</sup> MBBS Batch



Baqai Medical University warmly welcomed its 38th MBBS batch in a heartfelt orientation ceremony, marking the beginning of an inspiring academic journey. The event was a tribute to Baqai's legacy of nurturing not only doctors-but compassionate healers. The program opened with a soulful Quran recitation by Dr. Arshad Hamid, followed by an impactful address from Professor Dr. Khalid Ahmed, Principal of Baqai Medical College, who reflected on the visionary journey that began in 1985 under the leadership of Prof. Dr. Fareeduddin Baqai and Prof. Dr. Zahida Baqai. "This isn't just the start of your MBBS-it's the start of a lifelong mission to serve humanity," he shared, urging students to lead with empathy and integrity. Vice Chancellor Dr. Iftikhar Ahmed Siddiqui emphasized the values of humility and discipline, while Pro-Vice Chancellor Dr. Kashif Ikram reminded students and parents that true education shapes character as much as it builds careers. A proud moment came as students donned their white coats-symbolizing trust, service, and professional commitment. The ceremony concluded with a shared promise to uphold the nobility of the medical profession, supported by faculty, leadership, and the ever-growing Baqai family.



## BMU Stages Protest Against Suspension of Indus Waters Treaty



On April 29, 2025, Baqai Medical University organized a campus protest condemning India's unilateral suspension of the Indus Waters Treaty. The event saw active participation from the Vice Chancellor, faculty, staff, and students, who united under the message: "We strongly protest India's illegal suspension of the Indus Waters Treaty." Speakers highlighted the treaty's importance to regional peace and Pakistan's water rights, urging global bodies to take notice. The protest also aimed to educate students on the geopolitical impact of such actions.



## Baqai Medical University Hosts Road Safety Awareness Seminar



On January 23, 2025, Baqai Medical University, in collaboration with the National Highways & Motorway Police (NHMP), organized a Road Safety Seminar to promote awareness of traffic laws and responsible driving practices. Inspector Muhammad Kamran of NHMP delivered an impactful session, highlighting that 85% of road accidents stem from human error. Citing global statistics, he emphasized that 1.35 million people die annually in road accidents, with Pakistan reporting nearly 30,000 deaths—primarily among those aged 5 to 29. Key safety practices were shared, including the importance of seat belts, avoiding distractions while driving, and maintaining vehicle condition. NHMP officials conducted an interactive quiz, engaging students with questions on national motorways. Sector



Commander Khalid Mehmood graced the event as Chief Guest. The Vice Chancellor reaffirmed the university's support for public safety initiatives, emphasizing the moral duty of preserving life. The seminar was attended by senior university leadership, faculty members, and students. NHMP officials were presented with commemorative shields in appreciation of their contributions. The event concluded with a pledge from participants to follow traffic laws and spread awareness among peers. Attendees expressed keen interest in similar future programs. The Communications Department documented the event for publication in BMU Insights.





## Strengthening Academic Collaboration

Baqai Medical University signed a Memorandum of Understanding with the University of Karachi on May 8, 2025, to foster joint product development, collaborative research, and faculty exchange. The MoU was signed by Prof. Nazeer Khan (BMU) and witnessed by Prof. Asaad Javed, Dean BDC, in the presence of UoK Vice Chancellor Prof. Dr. Khalid Mehmood Iraqi and senior academic leadership. The agreement reinforces BMU's commitment to research-driven innovation and inter-university cooperation.

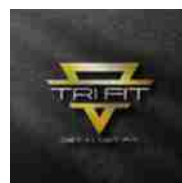
## Academic Collaborations



## Industry & Communication Partnerships



APPNE  
ONE VOICE, ONE COMMUNITY  
RECOGNITION, REPRESENTATION, COLLABORATION







## Self-Graduate Program Review (S-GPR) 2024–2025

To promote academic excellence through collaborative evaluation, the Quality Enhancement Cell (QEC) successfully conducted the Self-Graduate Program Review (S-GPR) 2024–2025 on May 29–30, 2025. The 2-day review, supported by internal and external reviewers, focused on assessing the quality and effectiveness of graduate programs. This initiative ensures alignment with national standards and institutional goals, contributing to continuous academic improvement at Baqai Medical University. The S-GPR exercise also encouraged inter-departmental learning and fostered a quality-centric culture. Final reports are currently under compilation and will serve as guiding documents for academic reforms and quality assurance initiatives.

## BMU Student Council 2025 Elected

Student Council Elections 2025 were held successfully on May 22, 2025, under the supervision of the Election Committee and Student Affairs. Voting was conducted across departments with active student participation in a transparent and organized manner. Results were officially announced on May 27, 2025. The newly elected council members are:

1. Hafiz Hamza Khalid – President (Final Year MBBS)
2. Syed Adeem Haider – Vice President (Final Year MBBS)
3. Abdul Hannan – General Secretary (Third Year BDS)
4. Fawad Azeem – Treasurer (Final Year MBBS)
5. Riyyan Ahmed – Vice Secretary (Third Year MBBS)



Throughout the year, the council is expected to initiate academic and co-curricular activities, encourage volunteerism, and lead community engagement efforts. Members will also collaborate in organizing university-wide events and contribute to a more dynamic campus environment. The council's formation reflects BMU's continued commitment to student development and participatory leadership. The administration appreciates the discipline shown by all candidates and voters. The council will serve as a student voice, promoting leadership and collaboration in alignment with university values.



## BMU Hosts 11<sup>th</sup> International Diabetes & Ramadan Conference

On February 11, 2025, the Baqai Institute of Diabetology & Endocrinology (BIDE) at Baqai Medical University organized the 11th International Diabetes & Ramadan Conference, drawing participation from leading healthcare professionals across Pakistan and abroad. The conference focused on guiding diabetic individuals in observing safe fasting practices during Ramadan.

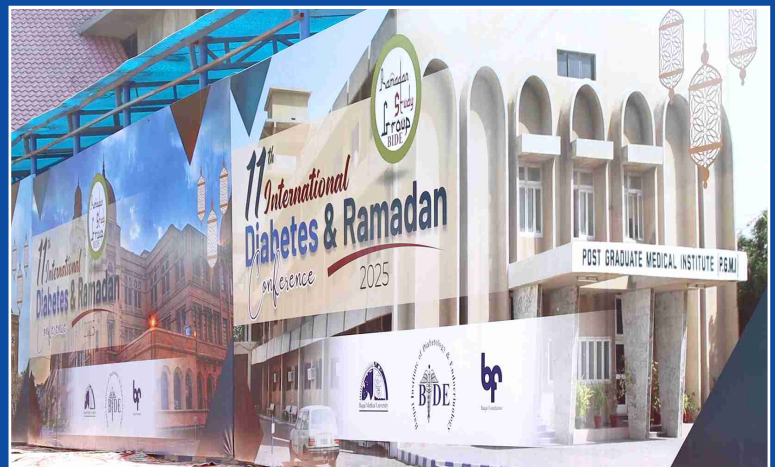


Experts discussed tailored dietary plans, hydration tips, medication management, and the importance of glucose monitoring during fasting. Key discussions emphasized avoiding sugary and deep-fried items at Iftar, ensuring sufficient water intake, and consulting healthcare providers for individualized fasting plans.

Vice Chancellor Prof. Dr. Iftikhar Ahmed Siddiqui highlighted the health risks posed by traditional fried foods and stressed the benefits of a balanced, moderate diet. Pro Vice Chancellor Prof. Dr. Kashif Ikram emphasized aligning religious observance with health consciousness, promoting moderation as the essence of fasting.



The conference also addressed fasting considerations for pregnant women, encouraging medical consultation before fasting. Prof. Dr. Jameel Ahmed debunked myths surrounding diabetes and fasting, aligning Islamic teachings with modern health science. Director BIDE, Prof. Dr. Zahid Mian, underscored the responsibility of medicality professionals in enabling patients to fast safely. The event concluded with distribution of certificates and commemorative shields to speakers and guests. The conference was attended by prominent endocrinologists, healthcare experts, religious scholars, faculty, and students, furthering BMU's commitment to health education and community well-being.







## Workshop on Programme Review for Effectiveness and Enhancement (PREE)

On February 27, 2025, the Quality Enhancement Cell (QEC) at Baqai Medical University organized a hands-on workshop titled “Programme Review for Effectiveness and Enhancement (PREE)” to support the implementation of globally recognized academic standards and evaluation frameworks. The workshop was designed to guide Program Team Members in assessing the effectiveness of their academic offerings. Faculty members from Baqai Medical University participated in person, while more than 300 representatives from Higher Education Institutions (HEIs) across the country joined the session virtually-demonstrating strong national engagement. The keynote speaker, Prof. Dr. Abdul Waheed Usmani, Director QEC at Jinnah Medical University, provided in-depth insights into program evaluation strategies. He discussed how

institutions can measure the effectiveness of academic programs in achieving their stated objectives and improving teaching and learning outcomes. Emphasis was placed on the importance of developing comprehensive Self-Assessment Reports (SARs), ensuring data accuracy, and maintaining transparency in documentation. Dr. Usmani also shared strategic recommendations for enhancing future program development and implementation. Vice Chancellor Prof. Dr. Kashif Ikram opened the session by reiterating the university’s commitment to continuous academic improvement. Registrar Mr. Israr Ahmed Khan and Director of Communications, Press & Publications Mr. Ushar Wahab Akhtar, along with QEC members and other senior faculty representatives, were in attendance. adapting to the updated Higher

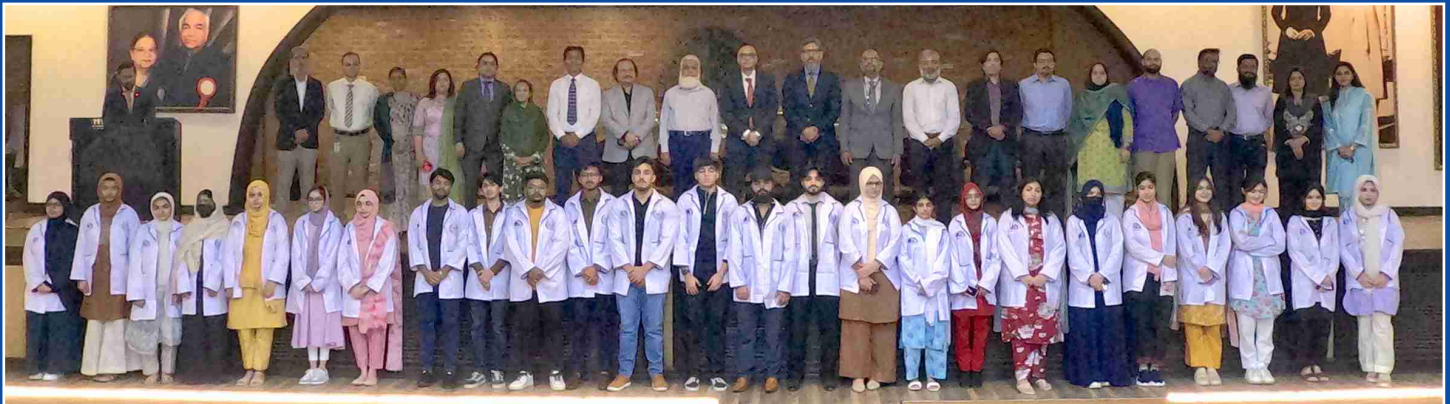


Education Commission (HEC) standards. Participants appreciated the clarity and practical approach of the session, which concluded with the distribution of certificates. A commemorative shield was presented to Prof. Dr. Usmani in recognition of his valuable contribution. The workshop reinforced the pivotal role of evidence-based program review in ensuring academic excellence and institutional accountability. It encouraged participants to take ownership of continuous improvement and emphasized collaborative efforts in refining academic delivery. This initiative by BMU’s QEC reflects its proactive stance in aligning local academic practices with international benchmarks, further solidifying its reputation as a forward-thinking institution.



## Orientation Ceremony Welcomes 36<sup>th</sup> Batch of Baqai Dental College

On March 20, 2025, Baqai Dental College hosted a warm orientation ceremony at Saeed Auditorium for its 36th batch of students, attended by students, parents, and guardians. The event was graced by Vice Chancellor Professor Dr. Iftikhar Ahmed Siddiqui, Pro-Vice Chancellor Dr. Kashif Ikram, Registrar Mr. Israr Ahmed Khan, Principal Professor Dr. Farhan Khan, Dean Professor Dr. Asad Javed, Vice-Principal Dr. Kalash Kumar, and faculty members. Vice Chancellor Dr. Siddiqui welcomed students, emphasizing the importance of sincere dedication, ethical conduct, and avoiding societal evils like corruption. He highlighted the mandatory 90% attendance and urged parents to stay engaged with their children's academic progress. He reinforced adherence to academic integrity as per Lahore High Court guidelines. Pro-Vice Chancellor Dr. Ikram shared his personal journey and encouraged students to focus on hard work and ethics rather than wealth, noting Baqai's global presence. He also recommended using Miswak for oral health, citing ongoing research by the university Dean Dr. Asad Javed congratulated the students on joining the medical profession, highlighting their vital role in a country of over 250 million people. Principal Dr. Farhan Khan reassured parents about the college's supportive environment and stressed strict adherence to attendance and regulations. He also noted Baqai Dental Hospital's extensive community service, treating tens of thousands annually, with recent upgrades including an executive dental clinic.



## Fire Safety Training Held at Fatima Hospital

A fire safety training session was conducted on March 17, 2025, at Fatima Hospital, BMU, for the security and nursing staff. Led by Fire Safety Officer Mr. M. Jafar, the session emphasized fire awareness, emergency response protocols, and the PASS technique (Pull, Aim, Squeeze, Sweep). Participants received hands-on guidance on operating different types of fire extinguishers, identifying electrical hazards, and navigating designated emergency exits. The session also stressed the importance of proactive safety practices, such as installing functional alarms, maintaining clear escape routes, and conducting regular emergency drills. Mr. Aalijah, Administrator BMU, was present during the session and praised the proactive initiative. He noted that such trainings not only enhance institutional safety protocols but also empower staff to respond confidently during emergencies. The presence of key administrative personnel underscored BMU's growing commitment to creating a culture of preparedness and safety across all departments.





## Postgraduate Orientation & Institutional Awareness Session



On Tuesday, May 13, 2025, Baqai Medical University organized a comprehensive institutional awareness session for newly inducted postgraduate students. The session provided clarity on academic pathways, institutional policies, and regulatory frameworks. Key topics included academic regulations, clinical protocols, research ethics, and professional conduct. Senior faculty and PGMI administration offered guidance on semester structures, documentation processes, and attendance requirements. A dedicated segment by the Quality Enhancement Cell (QEC) emphasized the university's commitment to academic quality. Discussions covered outcome-based education, internal self-assessment tools, and HEC-aligned quality benchmarks. The session concluded with an interactive dialogue on institutional governance and student engagement

in academic excellence. Participants expressed appreciation for the informative and well-structured orientation, which helped address their concerns and set a clear foundation for their academic journey. The event reflected the university's proactive approach to postgraduate education-ensuring that every student begins their program with the right knowledge, direction, and institutional support.



## Free Hepatitis B Vaccination Camp Held at Fatima Hospital

Baqai Medical University, in collaboration with Saylani Welfare Trust, organized a free Hepatitis B vaccination camp for paramedical and support staff at Fatima Hospital on 7th May 2025. Approved by Vice Chancellor Prof. Dr. Iftikhar Ahmed Siddiqui, the camp aimed to safeguard frontline workers through timely preventive care. Led by a team of medical experts, including MS Prof. Dr. Ghulam Mustafa, the camp provided free vaccinations to paramedical, nursing, cleaning, and support staff in a safe, supervised setting.



The vaccine was administered in its initial stage, with preparations in place for follow-up doses. Hospital Administrator Dr. Arfa Nazir emphasized the preventive nature of the initiative, stating that proactive healthcare is a key priority. An awareness campaign accompanied the camp to educate staff on the importance of vaccination against life-threatening viruses like Hepatitis B. This initiative sets a benchmark in institutional health practices and further affirms Baqai Medical University's dedication to creating a healthier workplace and community.





## BMU Observes Day of Gratitude to Mark Success of Operation "BUNYAN MURSUS"



Karachi, Thursday, 16 May 2025 - Baqai Medical University solemnly observed the Day of Gratitude to mark the success of Operation Bunyan Mursus, Pakistan's strategic military response to ongoing hostilities from India. Held at the university's Nishan-e-Manzil point, the ceremony was attended by Pro-Vice Chancellor Prof. Dr. Kashif Ikram, Registrar Mr. Israr Ahmed Khan, Deans, faculty members, staff, and students. The event commenced with the recitation of the Holy Quran, followed by the hoisting of the national flag amid patriotic chants. Special prayers were offered for the peace and prosperity of Pakistan. Prof. Dr. Kashif Ikram paid tribute to the Armed Forces for their courage and timely defense of the nation. Sharing his personal engagement with troops at the borders, he emphasized national unity and recalled the sacrifices made during the wars of 1965 and 1971. He also noted Baqai Medical University's longstanding commitment to national service, particularly during the 2005 earthquake relief operations. Registrar Mr. Israr Ahmed Khan reaffirmed the duty of every citizen to stand by the Armed Forces and expressed unwavering institutional support for national security. Dean, Faculty of Medicine, Prof. Dr. Jameel Ahmed, provided insight into Operation Bunyan Mursus, launched in May 2025. He highlighted the exceptional performance of the Pakistan Air Force and other security institutions in dismantling India's defense infrastructure and neutralizing key power systems, significantly impacting enemy operations. The ceremony concluded with a collective pledge of solidarity with the Armed Forces. In line with directives from the Prime Minister and the Higher Education Commission, the university community participated with deep patriotic spirit. Operation Bunyan Mursus was launched in response to Indian missile and drone attacks on Pakistani air bases on 10 May 2025. Pakistan's targeted airstrikes on Udampur, Pathankot, and Adampur reflected strategic precision and national resolve. The name Bunyan Mursus a "wall of lead" symbolizes the country's unified stance and unwavering defense under the leadership of the Armed Forces and Prime Minister Mian Muhammad Shehbaz Sharif.